

Perry Primary Menu * October 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="font-size: 4em; color: green; text-decoration: underline;">Fall Break</h2>				
3 	4 Breakfast Pizza Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Wrap Combo Quesadilla Chicken Sandwich Pepperoni Pizza Chef Salads Tossed Salad Whole Kernel Corn Baked Beans Veggie Cups Canned Fruit Cdmnt Bar , Jell-O & Milk	5 Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Sandwich Combo Spaghetti & Garlic Bread Corn Dog Homemade Pizza Chef Salads Tossed Salad French Fries Green Beans Fresh Fruit Canned Fruit Cdmnt Bar Milk	6 Dutch Waffle Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Oven Baked Chicken w/Roll Hamburger Pizza Ham Wrap Combo Salad & Fruit (apples) Baked Sweet Potato Blackeyed Peas Broccoli Salad Pudding Milk	7 Frudel Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Sandwich Combo Fish Sticks & Hushpups Deli Wrap Homemade pizza Chef Salads Tossed Salad Corn on the Cob Green Peas Fresh Fruit Canned Fruit Cdmnt Bar Milk
10 Breakfast on a Stick Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Asian Chicken w/Rice Chicken Nugget w/Roll Pizza PB&J Sandwich Salad Breaded Okra Green Beans Fruit Choice of Milk	11 Goody Bun Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Cheeseburger Hot Ham & Cheese Twister Pizza PB&J Sandwich Salad Baked Beans French Fries or Tots Veggie Cup w/Dip Fruit Choice of Milk Rice Krispy	12 Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Soft Tacos Nachos Pizza PB&J Sandwich Salad Mexican Rice Whole Kernel Corn Fruit Choice of Milk	13 Pancakes Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Chicken Sandwich Corn Dog Pizza PB&J Sandwich Salad Green Peas Mashed Potatoes Veggie Cup w/Dip Fruit Choice of Milk Cookie	14 Yogurt w/Pop Tart Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Manager Choice Fish Sticks w/Hushpuppies Pizza PB&J Sandwich Salad Sweet Potatoes Manager Choice of Vegetable Fruit Choice of Milk
17 French Toast Sticks Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Sandwich Combo Popcorn Chicken w/ Roll Asian Chicken w/ Rice Homemade pizza Chef Salads Tossed Salad Broccoli w/Cheese Sweet Potatoes Fresh Fruit Canned Fruit Cdmnt Bar , Honey Mustard Milk	18 Breakfast Pizza Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Wrap Combo Quesadilla Chicken Sandwich Pepperoni pizza Chef Salads Tossed Salad Whole Kernel Corn Baked Beans Veggie Cups Canned Fruit Cdmnt Bar , Jell-O & Milk	19 Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Sandwich Combo Spaghetti & Garlic Bread Corn Dog Homemade pizza Chef Salads Tossed Salad Fries Green Beans Fresh Fruit Canned Fruit Cdmnt Bar Milk	20 Dutch Waffle Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Wrap Combo Baked Chicken w/Roll Hamburger Pepperoni Pizza Chef Salads Tossed Salad Mashed Potatoes Blackeyed Peas Carrot Sticks Canned Fruit Cdmnt Bar & Pudding, Milk	21 Frudel Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Sandwich Combo Fish Sticks & Hushpups Deli Wrap Homemade pizza Chef Salads Tossed Salad Corn on the Cob Green Peas Fresh Fruit Canned Fruit Cdmnt Bar Milk
24 Breakfast on a Stick Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Asian Chicken w/Rice Chicken Nugget w/Roll Pizza PB&J Sandwich Salad Breaded Okra Green Beans Fruit Choice of Milk	25 October 10-14 National School Lunch Week "What's on your plate?" 	26 Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Sandwich Combo Spaghetti & Garlic Bread Corn Dog Homemade pizza Chef Salads Tossed Salad Fries Green Beans Fresh Fruit Canned Fruit Cdmnt Bar Milk	27 Dutch Waffle Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Wrap Combo Baked Chicken w/Roll Hamburger Pepperoni Pizza Chef Salads Tossed Salad Mashed Potatoes Blackeyed Peas Carrot Sticks Canned Fruit Cdmnt Bar & Pudding, Milk	28 Frudel Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Ham Sandwich Combo Fish Sticks & Hushpups Deli Wrap Homemade pizza Chef Salads Tossed Salad Corn on the Cob Green Peas Fresh Fruit Canned Fruit Cdmnt Bar Milk
31 Breakfast on a Stick Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk ----- Asian Chicken w/Rice Chicken Nugget w/Roll Pizza PB&J Sandwich Salad Breaded Okra Green Beans Fruit Choice of Milk	October 10-14 National School Lunch Week "What's on your plate?" 			