

Lake Joy Primary Menu * October 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="font-size: 4em; color: green; text-decoration: underline;">Fall Break</h2>				
<p>3</p> <p>Columbus Day</p> 	<p>4</p> <p>Breakfast Pizza Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Ham Wrap Combo Quesadilla Chicken Sandwich Pepperoni Pizza Chef Salads Tossed Salad Whole Kernel Corn Baked Beans Veggie Cups Canned Fruit Cdmnt Bar , Jell-O & Milk</p>	<p>5</p> <p>Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Ham Sandwich Combo Spaghetti & Garlic Bread Corn Dog Homemade Pizza Chef Salads Tossed Salad French Fries Green Beans Fresh Fruit Canned Fruit Cdmnt Bar Milk</p>	<p>6</p> <p>Dutch Waffle Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Oven Baked Chicken w/Roll Hamburger Pizza Ham Wrap Combo Salad & Fruit (apples) Baked Sweet Potato Blackeyed Peas Broccoli Salad Pudding Milk</p>	<p>7</p> <p>Frudel Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Ham Sandwich Combo Fish Sticks & Hushpups Deli Wrap Homemade pizza Chef Salads Tossed Salad Corn on the Cob Green Peas Fresh Fruit Canned Fruit Cdmnt Bar Milk</p>
<p>17</p> <p>Breakfast on a Stick Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Asian Chicken w/Rice Chicken Nugget w/Roll Pizza PB&J Sandwich Salad Breaded Okra Green Beans Fruit Choice of Milk</p>	<p>18</p> <p>Goody Bun Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Cheeseburger Hot Ham & Cheese Twister Pizza PB&J Sandwich Salad Baked Beans French Fries or Tots Veggie Cup w/Dip Fruit Choice of Milk Rice Krispy</p>	<p>19</p> <p>Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Soft Tacos Nachos Pizza PB&J Sandwich Salad Mexican Rice Whole Kernel Corn Fruit Choice of Milk</p>	<p>20</p> <p>Pancakes Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken Sandwich Corn Dog Pizza PB&J Sandwich Salad Green Peas Mashed Potatoes Veggie Cup w/Dip Fruit Choice of Milk Cookie</p>	<p>21</p> <p>Yogurt w/Pop Tart Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Manager Choice Fish Sticks w/Hushpuppies Pizza PB&J Sandwich Salad Sweet Potatoes Manager Choice of Vegetable Fruit Choice of Milk</p>
<p>24</p> <p>French Toast Sticks Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Ham Sandwich Combo Popcorn Chicken w/ Roll Asian Chicken w/ Rice Homemade pizza Chef Salads Tossed Salad Broccoli w/Cheese Sweet Potatoes Fresh Fruit Canned Fruit Cdmnt Bar , Honey Mustard Milk</p>	<p>25</p> <p>Breakfast Pizza Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Ham Wrap Combo Quesadilla Chicken Sandwich Pepperoni pizza Chef Salads Tossed Salad Whole Kernel Corn Baked Beans Veggie Cups Canned Fruit Cdmnt Bar , Jell-O & Milk</p>	<p>26</p> <p>Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Ham Sandwich Combo Spaghetti & Garlic Bread Corn Dog Homemade pizza Chef Salads Tossed Salad Fries Green Beans Fresh Fruit Canned Fruit Cdmnt Bar Milk</p>	<p>27</p> <p>Dutch Waffle Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Ham Wrap Combo Baked Chicken w/Roll Hamburger Pepperoni Pizza Chef Salads Tossed Salad Mashed Potatoes Blackeyed Peas Carrot Sticks Canned Fruit Cdmnt Bar & Pudding, Milk</p>	<p>28</p> <p>Frudel Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Ham Sandwich Combo Fish Sticks & Hushpups Deli Wrap Homemade pizza Chef Salads Tossed Salad Corn on the Cob Green Peas Fresh Fruit Canned Fruit Cdmnt Bar Milk</p>
<p>31</p> <p>Breakfast on a Stick Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Asian Chicken w/Rice Chicken Nugget w/Roll Pizza PB&J Sandwich Salad Breaded Okra Green Beans Fruit Choice of Milk</p>	<p>October 10-14 National School Lunch Week</p> <p>“What’s on your plate?”</p> 			