

Lake Joy Elementary Menu * October 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="font-size: 4em; color: green; text-decoration: underline;">Fall Break</h2>				
<p>3</p> <p>Columbus Day</p> 	<p>4</p> <p>Breakfast Pizza Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Ham Wrap Combo Quesadilla Chicken Sandwich Pepperoni Pizza Chef Salads Tossed Salad Whole Kernel Corn Baked Beans Veggie Cups Canned Fruit Cdmnt Bars Milk Jell-O</p>	<p>5</p> <p>Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Ham Sandwich Combo Spaghetti & Garlic Bread Corn Dog Homemade Pizza Chef Salads Tossed Salad Fries Green Beans Fresh Fruit Canned Fruit Cdmnt Bar Milk</p>	<p>6</p> <p>Dutch Waffle Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Oven Baked Chicken w/ Roll Hamburger Pizza Ham Wrap Combo Salad & Fruit (apples) Baked Sweet Potato Blackeyed Peas Broccoli Salad Pudding Cdmnt Bar Milk</p>	<p>7</p> <p>Frudel Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Ham Sandwich Combo Fish Sticks w/Hushpuppies Deli Wrap Homemade Pizza Chef Salads Tossed Salad Corn on the Cob Green Peas Fresh Fruit Canned Fruit Cdmnt Bar Milk</p>
<p>17</p> <p>Breakfast on a Stick Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>BBQ Rib Sandwich Asian Chicken w/Rice Chicken Nugget w/Roll Pizza PB&J Sandwich Salad and Fruit Breaded Okra Green Beans Choice of Milk</p>	<p>18</p> <p>Goody Bun Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Hot Dog Hot Wings w/Roll Cheeseburger Hot Ham/Cheese Sandwich PB&J Sandwich Salad and Fruit Baked Beans French Fries or Tots Choice of Milk Rice Krispy</p>	<p>19</p> <p>Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Soft Tacos Nachos Chicken Nuggets w/Roll Pizza PB&J Sandwich Salad and Fruit Mexican Rice Whole Kernel Corn Choice of Milk</p>	<p>20</p> <p>Pancakes Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Oven Baked Chicken w/Roll Corn dog Cheeseburger Chicken Sandwich PB&J Sandwich Salad and Fruit Green Peas Mashed Potatoes Choice of Milk Cookie</p>	<p>21</p> <p>Yogurt w/Pop Tart Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Manager Choice Fish Sticks w/Hushpuppies Chicken Nuggets w/Roll Pizza PB&J Sandwich Salad and Fruit Sweet Potatoes Manager Choice of Vegetable Choice of Milk</p>
<p>24</p> <p>French Toast Sticks Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Ham Sandwich Combo Popcorn Ck w/ Roll Asian Chk w/ Rice Homemade Pizza Chef Salads Tossed Salad Broccoli w/Cheese Sweet Potatoes Fresh Fruit Canned Fruit Cdmnt Bar Honey Mustard & Milk</p>	<p>25</p> <p>Breakfast Pizza Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Ham Wrap Combo Quesadilla Chicken Sandwich Pepperoni Pizza Chef Salads Tossed Salad Whole Kernel Corn Baked Beans Veggie Cups Canned Fruit Cdmnt Bars Milk Jell-O</p>	<p>26</p> <p>Ham, Egg & Cheese Croissant Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Ham Sandwich Combo Spaghetti & Garlic Bread Corn Dog Homemade Pizza Chef Salads Tossed Salad Fries Green Beans Fresh Fruit Canned Fruit Cdmnt Bar Milk</p>	<p>27</p> <p>Dutch Waffle Chicken Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Ham Wrap Combo Baked Chicken w/Roll Hamburger Pepperoni Pizza Chef Salads Tossed Salad Mashed Potatoes Blackeyed Peas Carrot Sticks Canned Fruit Cdmnt Bar & Pudding Milk</p>	<p>28</p> <p>Frudel Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>Ham Sandwich Combo Fish Sticks w/Hushpuppies Deli Wrap Homemade Pizza Chef Salads Tossed Salad Corn on the Cob Green Peas Fresh Fruit Canned Fruit Cdmnt Bar Milk</p>
<p>31</p> <p>Breakfast on a Stick Sausage Biscuit Cheese Grits, Cereal, Toast Fruit, Juice, Choice of Milk</p> <hr/> <p>BBQ Rib Sandwich Asian Chicken w/Rice Chicken Nugget w/Roll Pizza PB&J Sandwich Salad and Fruit Breaded Okra Green Beans Choice of Milk</p>	<p>October 10-14 National School Lunch Week "What's on your plate?"</p> 			