

# Russell Elementary Menu \* October 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Fall Break				
10 <i>Columbus Day</i> 	11 Chicken Biscuit Dutch Waffle Cereal and Toast ----- Quesadilla Chicken Sandwich Pizza Ham Wrap Combo Salad & Fruit Whole Kernel Corn Baked Beans Jello Milk	12 Sausage Biscuit French Toast Cereal and Toast ----- Spaghetti w/ Garlic Bread Corn Dog Pizza Ham Sandwich Combo Salad & Fruit French Fries Green Beans Milk	13 Chicken Biscuit Ham/Egg/Cheese Croissant Cereal and Toast ----- Oven Baked Chicken w/ Roll Hamburger Pizza Ham Wrap Combo Salad & Fruit Baked Sweet Potato Blackeyed Peas Pudding Milk	14 Sausage Biscuit Mini Pancakes Cereal and Toast ----- Fish Sticks w/ Hushpuppies Deli Wrap Pizza Ham & Cheese Sandwich Salad & Fruit Corn on the Cob Green Peas Fruit Milk
17 Sausage Biscuit Breakfast Pizza Cereal and Toast ----- Popcorn Chicken w/ Roll Asian Chicken w/Rice Pizza PBJ Sandwich Salad and Fruit Broccoli w/ Cheese Sweet Potatoes Milk	18 Chicken Biscuit Goody Bun Cereal and Toast ----- Tacos Turkey & Ham Sub.Sandwich Pizza PBJ Sandwich Salad and Fruit Whole Kernel Corn Baked Beans Blueberry Muffin Milk	19 Sausage Biscuit Pancakes Cereal and Toast ----- Chicken Nuggets w/ Roll Cheeseburger Pizza PBJ Sandwich Salad & Fruit French Fries Green Beans Milk	20 Chicken Biscuit Ham/Egg/Cheese Croissant Cereal and Toast ----- Hot Wings w/Texas Toast Hot Dog Pizza PBJ Sandwich Salad & Fruit Mashed Potatoes Breaded Okra Cookie Milk	21 Sausage Biscuit Mini Cinnamon Rolls Cereal and Toast ----- Chili Cheese Fries Managers Choice Pizza PBJ Sandwich Salad & Fruit Corn on the Cob Green Peas Milk
24 Sausage Biscuit Pig-n-Blanket Cereal and Toast ----- Popcorn Chicken w/ Roll Asian Chicken w/Rice Pizza Ham Sandwich Combo Salad and Fruit Broccoli w/ Cheese Sweet Potatoes Milk	25 Chicken Biscuit Dutch Waffle Cereal and Toast ----- Quesadilla Chicken Sandwich Pizza Ham Wrap Combo Salad & Fruit Whole Kernel Corn Baked Beans Jello Milk	26 Sausage Biscuit French Toast Cereal and Toast ----- Spaghetti w/ Garlic Bread Corn Dog Pizza Ham Sandwich Combo Salad & Fruit French Fries Green Beans Milk	27 Chicken Biscuit Ham/Egg/Cheese Croissant Cereal and Toast ----- Oven Baked Chicken w/ Roll Hamburger Pizza Ham Wrap Combo Salad & Fruit Mashed Potatoes Blackeyed Peas Pudding Milk	28 Sausage Biscuit Mini Pancakes Cereal and Toast ----- Fish Sticks w/ Hushpuppies Deli Wrap Pizza Ham Sandwich Combo Salad & Fruit Corn on the Cob Green Peas Fruit Milk
31 Sausage Biscuit Breakfast Pizza Cereal and Toast ----- Popcorn Chicken w/ Roll Asian Chicken w/Rice Pizza PBJ Sandwich Salad and Fruit Broccoli w/ Cheese Sweet Potatoes Milk	<b>October 10-14</b> <b>National School</b> <b>Lunch Week</b> <b>"What's on your</b> <b>plate?"</b> 			