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NEWS RELEASE

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Houston County BOE Welcomes New Dietitian



HOUSTON COUNTY, GA – Lauren Koff has been selected as the new Dietitian for the Houston County Board of Education. Koff will join the School Nutrition team Nov. 14, 2011.

“School nutrition is the perfect starting point for educating children and parents about healthy food choices and keeping students focused on achieving their academic goals,” said Koff. She believes that it is our responsibility to ensure that children have every opportunity for success and that Houston County is a wonderful environment to foster that sentiment.

School Nutrition Coordinator Meredith Potter states, “We are pleased to welcome Ms. Lauren Koff to Houston County as our newest dietitian. Her primary duties will include working with parents whose children have special dietary needs, increasing our managers’ capacity to educate students about the importance of healthy habits, and monitoring the system’s wellness program. Lauren will also be instrumental in successful implementation of new federal school nutrition guidelines.”

Raised in the Atlanta suburb of Dunwoody, Koff earned a BA in Psychology from the George Washington University in Washington DC, where she was employed by the USDA Food and Nutrition Service, assisting with partnership and research projects. She then received her MS at the University of Georgia, concentrating her research in educating preschool children about fruits and vegetables and using innovative technology to relay nutrition messages to their families. Koff completed her dietetic internship at Life University and presented her thesis research at the annual conference for the Society for Nutrition Education in Kansas City this past summer.

For more information, please contact Potter at Meredith.Potter@hcbe.net or 478-322-3308.

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