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NEWS RELEASE

FOR IMMEDIATE RELEASE: AUGUST 30, 2010

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Houston County Sharks Handball Season Schedule



HOUSTON COUNTY, GA – The Houston County Sharks will play this season's first handball game on **Saturday, September 25, at 11:00 a.m.** The game will be played in Henry County against the Henry County Hurricanes.

In 2008, the Houston County Board of Education approved adding an adapted sports program to offer students with physical disabilities the opportunity to play wheelchair basketball, football and handball. The sports are sanctioned by the Georgia High School Association.

Benefits of adapted sports are:

- increase in strength, conditioning, flexibility and endurance;
- improved academic performance;
- greater high school graduation rates;
- enhanced social interaction with peers;
- reduction in secondary health problems;
- decrease in behavioral problems; and
- an opportunity for athletes to earn a letter jacket.

The Sharks games are played on Saturdays. The handball season schedule follows.

- **Saturday, September 25, 2010, Henry County**

Houston County Sharks at Henry County Hurricanes 11:00 a.m. – 12:30 p.m.

- **Saturday, October 16, 2010, Double Header, Bonaire Middle School**

Clayton Eagles at Houston County Sharks 11:00 a.m. – 12:30 p.m.

Clayton Eagles at Houston County Sharks 1:00 p.m. – 2:30 p.m.

MORE

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- **Saturday, October 30, 2010, Bonaire Middle School**

Henry County Hurricanes at Houston County Sharks 11:00 a.m. – 12:30 p.m.

- **Saturday, November 6, 2010, Double Header, Bonaire Middle School**

Muscogee Lions at Houston County Sharks 11:00 a.m. – 12:30 p.m.

Muscogee Lions at Houston County Sharks 1:00 p.m. – 2:30 p.m.

In addition, the State Championship games are scheduled for November 13, 2010, in Henry County's J. P. Moseley Recreation Center in Stockbridge, Ga. Two junior varsity and two varsity semi-final games will be played, followed by the winners vying off in championship games. The Sharks were the junior varsity Wheelchair Handball State Champions in 2009.

Bonaire Middle is located at 125 Highway 96 East in Bonaire. Christy Jones, Bonaire Middle School counselor, is the area coordinator of the program. She and Molly Griffith of Huntington Middle School are coaching the Sharks handball team. For more information, contact Jones at (478) 929-6235, extension 52103, or Christy.Jones@hcbe.net. Further information may also be found online at www.adaptedsports.org/.

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