

Study Skills

HCHS Counseling Staff

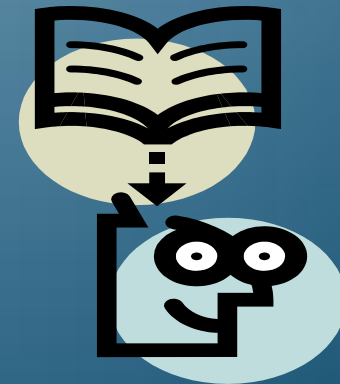
Fall 2009

Why Are Study Skills Important?

- They help you to remember and learn new information.**
- They help you to do well on assignments, homework, quizzes, and tests.**
- They can help you pass to the next grade.**

What are Study Skills?

- Classroom Behaviors
- Time Management
- Organization
- Memorization



Classroom Behaviors

- Active Listening
 - Hearing is NOT Listening
 - Listening involves **PAYING ATTENTION**
 - Keep your eyes on the teacher
 - Ignore noises and movements from others
 - Avoid daydreaming

Classroom Behaviors

- Taking Good Notes
 - Have your textbook, paper, and pencil out before class starts.
 - Write quickly, but neatly.
 - When the teacher says that something is important, that something should be remembered, or that something will be on a test/quiz, **WRITE IT DOWN!!**
 - If you miss important notes or can't read your notes, ask a reliable peer or the teacher for the information you missed.

Classroom Behaviors

- Socialize At Appropriate Times
 - During breaks at class change
 - At lunch
 - Respect your teachers' requests to be quiet, look at him/her, listen, etc.



Time Management

- Write down all homework and assignments along with their due dates **IN YOUR AGENDA**
- Write down test dates, quiz dates, and project due dates **IN YOUR AGENDA**
- Also, put all **DUE** dates down in your agenda on the day **BEFORE** they are due as a reminder

Time Management

- Take the quiz dates, test dates, and project due dates from your agenda and write them on a calendar at home



Time Management

- Decide how much time you will spend studying after school and how often (*30 min. every night, 1 hour 3 nights a week, etc.*)
- Designate the specific time of day and the actual days for your study time (*4:00-5:00 on Monday, Wednesday, & Thursday, etc.*)
- **STICK TO YOUR SCHEDULE!!!**

MEMORIZATION

- Read notes out loud 3 times
- Try to connect the information to something familiar
- Make Acronyms
- Make note cards (Rewrite your notes on index cards) Study them many times!
- Make a test out of your notes and quiz yourself (use a study buddy also)

ORGANIZATION

- Notebook Organization
- Organize Your Study Place
- Organize Your Goals

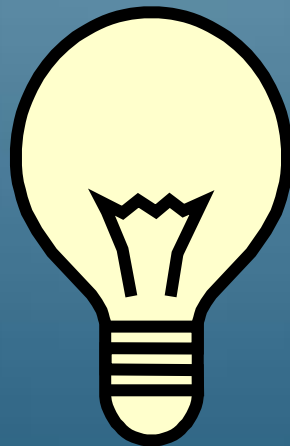


NOTEBOOK ORGANIZATION

- Keep a separate folder or notebook for each class
- Put all homework assignments in one spot
- Put all papers & classwork **NEATLY** in the proper place – don't just throw them in!
- Straighten out your binder every Friday

ORGANIZE YOUR STUDY PLACE

- Use a quiet place to study
- Remove ALL distractions
- Keep needed materials handy
- Have plenty of light
- Have a comfortable chair



Organize Goals

- What do you want to accomplish each day?
- Each week?
- Each 9-weeks?
- This school year?

Let's Have A Successful Year!

You Determine

Your Success!



Resources

- The information from this PowerPoint can be found at:

www.how-to-study.com